



# Somerville Early Education Home-School Daily Menu



Math

Literacy

Science

Social Studies

Art

Physical

## Big Idea: Caring for Ourselves and Our Community

Week 12  
Day 1

Find your collection OR make a new collection.

Maybe you can collect bottle caps!



How can you sort your collection?

- Color
- Size
- Shape

What makes you special?

Draw a picture of what makes you, you. Remember to write your name.

Go for a walk around your neighborhood.

Look for flowers or puddles. Do you hear any buzzing?

Do you see any **bees**? Maybe you see honey making bees.



**Bumblebees** are soft, round, and make honey.



**Honeybees** are black and gold, and make honey.

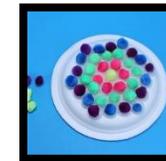
Listen to [I Am Enough](#) By Grace Byers

What qualities do you have that you are proud of?

How do you show the world your power? You are enough? What are you here to do?

Use your collection to make a mandala.

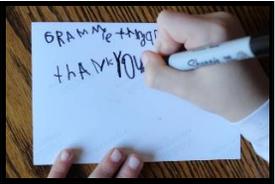
[Mandala Making](#)



Check in with your bodies and practice some **Mindfulness!**

Practice Bumblebee breathing and flower breathing with Mrs. Morgan.

[Breathing with Mrs. Morgan](#)

<p>Week 12 Day 2</p>	<p>If you sorted by color, can you stack the items and figure out which one you have the most of?</p> 	<p>Add letters to your bottle cap collection. Ask a grownup to help. Build your name and words you know with the bottle caps.</p>  <p>How many words can you make?</p> <p>Write them down.</p>	<p>Do you remember who a <b>beekeeper</b> is?</p>  <p>Beekeepers work on an <b>Apiary</b>.</p> <p>An <b>apiary</b> is a bee farm where beekeepers raise bees and collect <b>honey</b>.</p> 	<p>Listen to <a href="#">I am Peace</a> By Susan Verde</p>	<p>Ask a grownup to write your name with Bubble Letters, then color it in.</p> 	<p>Bubbles and bubble extensions:</p> <p><a href="#">Beautiful Stuff Bubble Video</a></p>
<p>Week 12 Day 3</p>	<p>Build a bottle cap stair.</p>  <p>If you don't have a collection use items from nature or toys such as Lego or blocks.</p>	<p>Write a letter to someone you love.</p>  <p>Put it in an envelope and deliver it or mail it.</p>	<p>Meet bee experts at Moonshot Farm in NJ!</p> <p><a href="#">Moonshot Farm, NJ</a></p>	<p>Listen to <a href="#">Come With Me</a></p> <p>What can you do to make the world a better place?</p> <p>How can you show kindness in our community?</p> <p>How are you brave?</p>	<p>Draw a picture of you and your friends.</p> <p>Think about how you and your friends are kind to one another.</p> 	<p>Blow bubbles with items from around your house: A whisk, spatula, slotted spoon.</p> <p>If you need to make bubbles here is the recipe.</p> <p><b>Bubbles:</b></p>

						Mix 1/2 cup dish soap, 1 1/2 cups water, and 2 teaspoons sugar
Week 12 Day 4	<p>Can you create a tens frame on a piece of paper or on the sidewalk with chalk and count your collection?</p>  <p>How many bottle caps do you have?</p>	<p>Read and practice yoga with the author of <a href="#">BEE Calm</a></p>	<p>The <b>Queen Bee</b> is bigger than the other bees. She is the mother of all the bees.</p> <p>Can you find her in this picture? <a href="#">Queen Bee Picture</a></p> <p>Watch this young beekeeper find the <b>Queen Bee:</b> <a href="#">Finding the Queen Bee</a></p> <p>What do you notice?</p>	<p>Listen to <a href="#">Say Something!</a></p> <p>People are saying a lot right now about how Black people are treated by police. What do you think?</p> <p>What is a problem in the world that you see?</p> <p>What might you say or do?</p> <p>What is something in your heart that you want to say?</p>	<p>Make a poster or a sign of the words you want to say from your heart.</p> 	<p>Read and practice yoga with the author of <a href="#">BEE Calm</a></p>
Week 12 Day 5	<p>Add numbers to your bottle caps with a marker.</p> <p>Put the numbers in order from 1-10.</p>	<p>Listen and follow along to this story by Gerald Kelly.</p> <p><a href="#">Please Please the Bees</a></p>	<p>Taste <b>honey</b>.</p>  <p>Describe what the honey tastes like.</p> <p>Do you like it?</p>	<p>Listen to <a href="#">I am Love</a></p>	<p>Next week we will celebrate the end of the school year.</p> <p>Make yourself a special hat, crown, or headband to wear at the celebration. Or decorate a hat you already have.</p>	<p>Make bubble snakes <a href="#">Water bottle snake</a></p>  <p><b>You will need:</b> A plastic water/soda bottle</p>

						<p>Sock or piece of fabric Tape or elastic band</p> <p>As a grownup to help cut the bottle.</p>
	<b>Math</b>	<b>Literacy</b>	<b>Science</b>	<b>Social Studies</b>	<b>Art</b>	<b>Physical</b>
<b>Big Idea: We can celebrate our growth and community.</b>						
<p>Week 13 Day 1</p>	<p>Measure at home.</p>  <p>Use bottle caps or other loose parts to measure yourself or items around the house.</p> 	<p><b>Read</b> <a href="#">How Have I Grown?</a></p> <p>Make a list with a grown up. How have you grown this year?</p>	<p>Go for a walk outside.</p> <p>Can you find things outside that are taller than you?</p> <p>What things are the same height as you?</p> <p>What things are shorter than you?</p>	<p>What can I do now?</p> <p>Ask each of your family members to share one thing that you are an expert at.</p> <p>Could you do these things at the beginning of preschool?</p>	<p>Make decorations for a final celebration.</p> <p>You might cut or tear paper into confetti.</p> <p><a href="#">Tearing Confetti</a></p> <p>You might decorate a door or wall with ribbon and other items.</p>	<p>Sing and dance <a href="#">Celebrate A Great School Year</a></p>
<p>Week 13 Day 2</p>	<p>You have grown a lot this year!</p> <p>How tall are you?</p>	<p>Listen and follow along to this story read by the author Morag Hood</p> <p><a href="#">Sophie Johnson: Unicorn Expert</a></p>	<p>Find a cool, shady space outside to practice yoga.</p> <p><a href="#">Plant and Grow</a></p>	<p>What is your talent?</p> <p>Perform your talent and send a video or picture to your teacher. (Teachers</p>	<p>Perform your talent and send a video or picture to your teacher.</p>	<p>Pretend to grow like a flower.</p> <p><a href="#">Plant and Grow</a></p>

	What did you use to help you measure?	What are you an expert (really good) at?		might host a Talent Show.)		
Week 13 Day 3	<p>Make a list of things you enjoyed from preschool this year.</p> <p>How many fun things did you list?</p>	<p>Read <a href="#">YAY, YOU!</a> Moving Up and Moving On.</p> <p>The school year is ending. Now what will you do?</p> <p>Draw and write a journal entry about what you might do during the summer.</p>	<p>Wear your unicorn horn outside. Find a space where you can <a href="#">gallop</a>.</p>	<p>Write a letter with your family to your teacher next year. List all of the things you are an expert at.</p> <p>What are you most excited for next year?</p>	<p>Make a <b>unicorn horn</b> inspired by Sophie Johnson; Unicorn Expert.</p>  <p>You can wear it at the final celebration.</p>	<p><b>Stretch</b> and practice yoga with Cosmic Kids.</p> <p><a href="#">Twilight The Unicorn of Dreams Yoga</a></p>
Week 13 Day 4	<p>Measure in nature</p>  <p>Find a measuring tool such a stick or piece of string and measure things outside.</p>	<p>Read <a href="#">Off to Kindergarten</a></p>	<p>Are there any clouds in the sky?</p> <p>Look up at the sky and try to find different shaped clouds.</p> 	<p>Where will you attend kindergarten next year?</p> <p>Ask your family to help you find a picture of that school.</p>	<p>Draw a picture of the school you will attend for Kindergarten?</p> <p>Or, draw a picture of what you imagine your kindergarten classroom might look like.</p>	<p>Color the sidewalk with different color chalk.</p>  <p>Then, go on a nature scavenger hunt for things that match the color chalk.</p>
Week 13 Day 5	<p>There are 80 days until you start kindergarten.</p>	<p>Read <a href="#">It's Summer</a></p>	<p>Collect things from nature to add to your collection of 80 things!</p>	<p>Draw a picture of yourself to add to your letter for your teacher next year. You can also</p>	<p>Sunflowers are like mandalas.</p>	<p><b>Play Hot Lava</b> Use chalk to draw stepping stones and hot lava.</p>

Can you count to 80? Can you make a collection of 80 things?

include the drawing of your school!

Make a sunflower mandala or color in this one.  
[sunflower coloring](#)



Reach home base without stepping in the 'hot lava'