



Somerville Early Education Home-School Daily Menu



| | Math | Literacy | Science | Social Studies | Art | Physical |
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| Week 3 Day 1 | Go for a walk and gather collections of 10 small things (10 sticks, 10 rocks, 10 acorns, etc). Find a space to save them. | Begin to gather a collection of things that start with the sound /o/. Draw or write about the things you collected. Make a list. Add to your collection or list throughout the week. Sesame Street Letter O | Observe a tree or plant growing near you house What do you notice? | Sesame Street: Dave Matthews and Grover Sing about Feelings How are you feeling today? Printable Emotions Cards | Make a kindness sign or poster to hang in your window (perhaps a rainbow or heart collage, drawing, or painting. What colors, shapes or patterns can you include? | Go for a nature walk to collect natural materials. While outside you can skip, jump, count steps, and explore! |
| Week 3 Day 2 | Look around your house and find collections of 10 small things (10 Legos, 10 pencils, 10 magnets, toothpicks, etc.). Add them to your collection from outdoors. | Read a book - Who was your favorite character? Why? Write a letter to a favorite person in your life. Tell them why you love them. | Continue to observe a tree or plant growing near you house. Draw what you see. | Draw a picture of something that makes you feel joy, happiness, safe, and loved. Maybe it is a rainbow or a picture of your family. Share with your family or put it in the window to share with your neighbors! | Continue to create your kindness sign or poster Think what message you will add. | Dance and Sing with Liz https://www.youtube.com/watch?v=Qg3fPQ2y_7k&t=1186s |

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| <p>Week 3 Day 3</p> | <p>Sort and count your collection of objects.</p> <p>Line them up.</p> <p>Count up to 10.</p> <p>Count down from 10.</p> <p>Math Talk</p> | <p>Work with a grown up to make a set of letter cards.</p> <p>Play I-spy - Find things that start with the letters you made.</p> <p>Write a Journal Page Write a Journal Guide</p> | <p>Continue to observe a tree or plant growing near you house.</p> | <p>Go for a walk around your neighborhood with someone from your family. Share what you see outside that makes you feel happy.</p> | <p>Continue to create your kindness sign or poster.</p> <p>Add your message.</p> | <p>Try holding a tree pose and count to 5.</p>  |
| <p>Week 3 Day 4</p> | <p>Mandalas Use your collections or anything at home to make a mandala design.</p> <p>Beautiful Stuff Mandalas</p>  | <p>Read The Feelings Book The Feelings Book Read Aloud</p> <p>Tell your own story to your family. Then, act it out with your family. Story Telling Story Acting Guide</p> | <p>Continue to observe a tree or plant growing near you house.</p> <p>Imagine being a plant or tree How would you move?</p> | <p>How are you feeling today?</p> <p>Write down the names (or draw a picture) of the people who help you feel safe when you are feeling mad, scared, or sad.</p> | <p>Make hearts to go around your kindness poster or sign.</p> <p>You can use a stencil or draw them and cut them out.</p> <p>Decorate and add a kind word or message.</p> | <p>Have a dance party!</p> |
| <p>Week 3 Day 5</p> | <p>Make a new mandala. Take a picture of your Mandala and Send your mandala picture to the Beautiful Lady.</p>  | <p>Write a Journal Page Write a Journal Guide</p> <p>Read through your collection and/or list of items that start with the /o/ sound.</p> | <p>Continue to observe a tree or plant growing near you house.</p> <p>Do you notice anything different? Draw what you see</p> | <p>Write a message to someone who helps you feel happy when you feel sad.</p> | <p>Continue to make hearts to go around your kindness poster or sign.</p> <p>You can use a stencil or draw them and cut them out. Decorate and add a kind word or message.</p> | <p>Can you make the letter O with your body?</p> <p>What shapes can you make with your body? A heart? A triangle?</p> |

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| <p>Week 4 Day 1</p> | <p>Read Ten black dots Cut out lots of circles. Make your own black dot picture s for 1, and 2 dots.</p> | <p>Begin a collection of things that start with the sound /j/.</p> <p>Sesame Street Letter J Sesame Street J</p> <p>Draw or write about the things you collected. Make a list.</p> <p>Add to your collection or list throughout the week.</p> | <p>Continue to observe a tree or plant growing near you house.</p> <p>How is the plant or tree changing: (size, buds, leaves, flowers)?</p> <p>Draw or write about what you see</p> <p>Do you see or hear any birds?</p> | <p>Song: Look for the Helpers</p> <p>Who are the helpers, the people that keep you safe and healthy, in your family?</p> | <p>Gather your own beautiful stuff collection: ribbon, bottle caps, toilet paper rolls, boxes, and items from nature.</p> <p>Build something (J for jungle) any day of the week.</p> | <p>Can you make the letter J with your body?</p> |
| <p>Week 4 Day 2</p> | <p>Read Ten black dots Ten Black Dots Book Making: Make your own black dot picture s for 3 and 4.</p> | <p>Read: Whose Hands Are These.</p> | <p>Continue to observe and document (draw and write or take a photo) the plant or tree.</p> <p>How many birds can you count? Are they all the same?</p> <p>Pretend you are a bird, where would you fly?</p> | <p>How are you feeling today?</p> <p>Take a walk around your neighborhood with someone in your family. What do you see that makes you happy?</p> | <p>Continue to build your own beautiful stuff collection: ribbon, bottle caps, toilet paper rolls, boxes, and items from nature.</p> <p>Build something new or add to an existing creation any day of the week.</p> | <p>Take a walk around your neighborhood.</p> <p>While outside you can skip, jump, count steps, and explore!</p> |
| <p>Week 4 Day 3</p> | <p>Read Ten black dots Book Making: Make your own black dot picture s for 5 and 6.</p> | <p>Write a Journal Page Write a Journal Guide</p> <p>Sing Down By the Bay</p> | <p>As you continue to observe and record the growth and changes in the plant or tree, see if you notice any insects.</p> | <p>Song: Look for the Helpers</p> <p>Make a list of the helpers in your</p> | <p>Continue building your own beautiful stuff collection: ribbon, bottle caps, toilet paper rolls, boxes, and items from nature.</p> | <p>Dance and sing with Liz.</p> <p>https://www.youtube.com/watch?v=skEoE3UwQTY&t=417s</p> |

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| | | Make up your own silly rhymes. | Put out some nesting materials (yarn, ribbon, dryer lint) on your porch, deck or yard. Check daily to see if it has been taken. | neighborhood or community. | Build something new or add to an existing creation any day of the week. Do you think you could build a nest? | |
| Week 4 Day 4 | Read Ten black dots . Book Making: Make your own black dot pictures for 7 and 8. | Tell your own story to your family. Then, act it out with your family. Story Telling Story Acting Guide | Continue to observe and record the growth and changes in the plant or tree. Are any of the nesting materials you put out gone? Have you observed any insects? | Write a message (or draw a picture) to a helper in your community. | Continue building your own beautiful stuff collection: ribbon, bottle caps, toilet paper rolls, boxes, and items from nature. Build something new or add to an existing creation any day of the week. | When you take walks with your family observe your surroundings. What do you notice? Birds flying and singing, squirrels jumping in trees, plants and trees growing. Move like a bird or squirrel. |
| Week 4 Day 5 | Read Ten black dots . Book Making: Make your own black dot pictures for 9 and 10! Staple all the pages together! | Read through your collection and/or list of items that start with the /j/ sound. Write a Journal Page Write a Journal Guide | What does the tree or plant look like now? Look back at your drawings and make comparisons. Share your nature observations, questions, ideas and discoveries with your family. | How are you a helper? You have already put happy pictures in the windows for your neighbors and written kind notes to other helpers. Make a list of things you can do to be a helper at home. | Continue to build your own beautiful stuff collection. Build something new or add to an existing creation any day of the week. Can you build something that has two of everything? Draw your creation. | When you take walks with your family observe your surroundings. What do you notice? Birds flying and singing, squirrels jumping in trees, plants and trees growing. Move like a bird or squirrel. |