



## SAMPLE DAILY VISUAL SCHEDULE

Everyone's schedule and family lives are different, so you can insert times that work best for you. With some parent focused attention (15 minutes) and set up help, children can then be independent during project time, indoor play, and quiet time. Choose activities that will be fun for you and/or that your teacher showed you.

Time	Activity
Morning	<p><b>breakfast</b></p> 
Morning	<p><b>brush teeth</b>      <b>help clean-up</b></p>  
Morning	<p><b>story time</b>      <b>draw and write</b></p>  
Morning	<p><b>go outside</b></p>  
Morning	<p><b>project time- clean up when you are done</b></p>  

Afternoon

**lunch and help around the house**



Afternoon

**quiet time**

**play outdoors**



Afternoon

**play and learning -clean up when your done**



Afternoon

**sing and dance**



Afternoon

**clean up your toys and help around the house**



Evening

dinner



Evening

family time



Evening

bedtime story



goodnight

