



Somerville Early Education Home-School Daily Menu



	Math	Literacy	Science	Social Studies	Art	Physical
Day 1	How many... Count the total number of shoes, socks, spoons, etc. in your house. Write the number on a counting list. Sort shoes by different types or characteristics.	Read a book - Who are the characters? Write a letter to someone you know.	Sort beans. Watch How a Seed Grows https://www.youtube.com/watch?v=syqed7XKnQ	Sing and listen to <u>We are Family</u> by Jack Hartman. https://www.youtube.com/watch?v=foptl0BeXnY	Draw a family portrait and tell a story.	Play outside for 30-60 minutes!
Day 2	Measure and Count Measure items around the house with paper clips or shoes. How many shoes from the door to the couch? How many paper clips long is the table?	Read a book - - Where does the story take place? Write or trace your name five times. Write the names of other people in your family.	Plant beans in zip lock bag.  Make Predictions. Ask-What does the bean need to grow? Record Growth over time.	Look at a map at home or online. Find where you live. https://www.youtube.com/watch?v=21keh7LS8K8 Draw a picture of where you and your family live.	Make a 2D or 3D map of your house or neighborhood using recycled materials.	Dance to your favorite song
Day 3	Sort and Classify Sort a group of items by big and small. How many in each group? Sort buttons, silverware, keys or beans in to groups by shape, size, color, kind.	Read a book - - How is this story like your life? How is it different? Find a collection of things that start with /M/. Draw or write about the things you collected.	Monitor the bean growing Draw a picture of your seed	Use recycled materials to build a sculpture of where your family lives.	Continue to build a map of your home or neighborhood-add more details	Teach a family member one of your favorite songs

Day 4	<p>Find Shapes Plan a shape scavenger hunt or shape walk. Search for items of different shapes in your house. Search for circles and squares today!</p>	<p>Re-read a book to a stuffed animal, tell the story using the pictures.</p> <p>Write a Journal Page https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/10ff36_f375a1a05e4e421295baf8d895ece4e4.pdf</p>	<p>Continue to observe and document the bean growing and changing over time.</p>	<p>Draw a picture of your favorite thing to do at home with your family. Tell your family about your picture.</p> <p>Maybe it is a family dance party!!</p>	<p>Make a shape collage- use materials from scavenger hunt or recyclables you have at home.</p>	<p>Listen to a piece of music and draw what you hear</p>
Day 5	<p>Tell a Math Story: Open a page of a book and gather small animals or other toys. Tell a story using the toys and count how many during the play. How many all together?</p> <p>https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/bd6e47_59f5d3bce55247e4ba063eef439cc61b.pdf</p>	<p>Tell your own story to your family. Then, act it out with your family. https://www.somervilleearlyed.com/story-telling-story-acting</p> <p>Find a collection of things that start with the letter S.</p>	<p>Continue observing and documenting the growth of the bean Ask-what do you notice?</p> <p>Observe Birds out the window or yard Listen to bird songs.</p>	<p>What does your family cook? https://www.youtube.com/watch?v=KFUvtza1kek</p> <p>Pick your favorite meal and draw the ingredients.</p>	<p>Make binoculars out of paper towel rolls - look for birds and squirrels out your window</p>	<p>Make an obstacle course with jumping jacks, hops, and balancing.</p>
Day 6	<p>Color Hunt: Search for things at home that are red, yellow, blue, green. If small bring to a mat and sort by color. How many of each?</p>	<p>Read a book - - Who are the characters?</p> <p>Make your name using small toys or items (Legos, pebbles, etc.). Draw and write to record your work.</p>	<p>Use skywriting to trace the letters of the alphabet</p> <p>Play 5 Senses I spy I see... I smell... Something that tastes sweet, sour etc.</p>	<p>Cook your favorite meal with someone in your family. Help find the ingredients, and measure how much. What do you smell and taste while you cook?</p>	<p>Color Collage: Using recycled materials and paper/cardboard scraps you color with crayons or maker create a collage. You can collage the letters in your name or inside a shape.</p>	<p>Make a fort with blankets and pillows. Go camping inside.</p>

Day 7	<p>Sock Sort and Match: Gather socks from the laundry or drawers. Mix up in a pile and sort into pairs and roll up.</p>	<p>Read a book - - Where does the story take place?</p> <p>Write or trace words for the people in your family - mama, mommy, daddy, baby, etc. Or, peoples' names.</p>	<p>Use skywriting to trace the letters of the alphabet</p>	<p>Continue to help your family prepare food while home.</p> <p>Make a mini recipe book of the food you help cook with your family.</p>	<p>Sock Art: Design and make a pair of card/paper socks. Use stripes, polka dots, a pattern etc. Make a sock puppet using odd sock and items around the house</p>	<p>How many jumps can you do in 10 seconds, 20 seconds, 30 seconds, 1 minute? Count and record. How many hops, claps, etc.</p>
Day 8	<p>How Many Dots? Roll dice or use dot cards with 1-6 dots on them. Roll dice or show card quickly. How many without counting? How did you know? Count to check.</p>	<p>Read a book - - How is this story like your life? How is it different?</p> <p>Write a Journal Page https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/10ff36_f375a1a05e4e421295baf8d895ece4e4.pdf Find a collection of things that start with /T/. Draw or write about the things you collected.</p>	<p>Use skywriting to trace the letters of the alphabet.</p> <p>Continue to observe and document the bean growing and changing over time</p>	<p>Listen to the book or read the book Love by Matt de la Pena. https://www.youtube.com/watch?v=GYJ5qQvbRXQ</p> <p>Look at photographs and/or create a list of all the people in you love.</p>	<p>Make hearts for friends and family. You can make a simple stencil using cardboard, trace and decorate or you can print hearts using a cookie cutter and paint. Adults or older siblings can write messages.</p>	<p>Sing Head, Shoulders, Knees and Toes with your family. Sing it quickly, sing it slowly; Can you sing it silently?</p>
Day 9	<p>Find Shapes: Plan a shape scavenger hunt or shape walk. Search for items of different shapes in your house. Search for rectangles and triangles today! https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/6b0075_72c0a3e6f3064208b4903593ab4f3617.pdf</p>	<p>Read a book - What was your favorite part of the story? Why?</p> <p>Write the room- using letters from your name - https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/10ff36_dcc9203f1604493d83a3e45131e02061.pdf</p>	<p>Light and shadow: Explore shadows inside and outside https://theinspiretreehouse.com/light-and-shadow-play-for-kids/</p>	<p>Work on a message to send to someone you love that is far away. Send them the message.</p> <p>I wonder how the message will get to them? Share your ideas.</p>	<p>Trace shadows</p> <p>Trace Shapes: Find items around your home, trace and decorate them.</p>	<p>Use your body to tell the story of a seed growing into a plant. Start by curling up into a tiny ball.</p>

Day 10	<p>Roll and Count: Dice or spinner from other games. Roll and count out objects like silverware, buttons, paper clips, etc.</p> <p>https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/bd6e47_b68ae6c772724bc69cce1e4af422b102.pdf</p>	<p>Tell your own story to your family. Then, act it out with your family.</p> <p>https://www.somervilleearlyed.com/story-telling-story-acting</p> <p>Go on a letter hunt! Search for familiar letters around the house.</p>	<p>Light and Shadow: Continue to explore light and shadow</p>	<p>Look at a map at home or online. Find your neighborhood.</p> <p>What do you see? Where does your family like to visit on the map?</p>	<p>Making patterns with objects at home like buttons, shells, office supplies</p> <p>https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/bd6e47_9e104b89f2744200ad78b85c73f47faa.pdf</p>	<p>Small Motor Play: Wash toys in the sink with a toothbrush</p> <p>https://www.pinterest.com/pin/550776229430045170/</p>
Day 11	<p>Compare Containers: Gather 5-6 empty containers, pots, jars. Which holds more? Fill with cotton balls or other items to see which has more.</p>	<p>Read a book - - Who are the characters?</p> <p>Find a collection of things that start with /S/. Draw or write about the things you collected.</p>	<p>Continue to explore light and shadow</p> <p>Explore your home with a flashlight (day and night)</p> <p>Continue to observe and document the bean growing and changing over time</p>	<p>Read with a family member.</p> <p>Windows by Julia Denos.</p> <p>https://www.youtube.com/watch?v=03gLzH2p8Pg&t=14s</p> <p>This book is influenced by your city, Somerville!</p> <p>https://www.youtube.com/watch?v=815zINYNBRO</p>	<p>Draw what you see outside your window</p> <p>Explore light and dark. Mix paint to create different shades.</p> <p>Mix crayons or pencils to create different shades</p>	<p>Play flashlight tag or put up a sheet with a flashlight behind it and shadow dance.</p> <p>https://www.pinterest.com/pin/550776229425991170/</p>
Day 12	<p>Tell a Math Story: Open a page of a book or use a photo or magazine picture, and gather small animals or other toys. Tell a story using the toys and count how many during the play. How many all together?</p>	<p>Read a book - - Where does the story take place?</p> <p>Write a Journal Page</p> <p>https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/10ff36_f375a1a05e4e421295baf8d895ece4e4.pdf</p>	<p>What do you notice about the squirrels outside</p> <p>What do squirrels need? (food, habitat etc.)</p>	<p>What do you see today out your window that you did not see yesterday?</p> <p>(Reference drawing of outside from yesterday).</p>	<p>Texture Art: Find things that are smooth, rough, bumpy, soft and create a scene out of the materials you find</p>	<p>Take a Listening Walk</p> <p>More Small Motor</p> <p>https://www.somervilleearlyed.com/fine-motor</p>

Day 13	<p>How Many Dots? Roll dice or use dot cards with 1-6 dots on them. Roll dice or show card quickly. How many without counting? How did you know? Count to check. Can also use pennies. Also try Collections of 55 https://8cd9982f-d094-4892-a91c-91cb99ad69ce.filesusr.com/ugd/bd6e47_de1d586b6c97481db5a78cea92d0d1d9.pdf</p>	<p>Read a book - What was your favorite part of the story? Why? Find a collection of things that start with /D/. Draw or write about the things you collected.</p>	<p>Force and Motion: Make ramps with recycled materials (cardboard boxes, paper towel tubes etc.) and race items such as cars and small balls</p>	<p>Take a walk around your neighborhood with someone in your family and talk about the things you see.</p>	<p>Dot Art: Use a q-tip dipped in paint to make dot paintings.</p>	<p>Find some hills to run up and down. Roll down, run up.</p>
Day 14	<p>Shape Sort: Find as many small objects that are circles, squares, triangles, and rectangles and sort them into piles, each on a napkin or placemat. Then line them up big to small.</p>	<p>Tell your own story to your family. Then, act it out with your family. https://www.somervilleearlyed.com/story-telling-story-acting Write a letter to someone you know.</p>	<p>Force and Motion: Continue to explore ramps. http://resourcesforearlylearning.org/playlist/437/ How does your bean look now?</p>	<p>Play I- Spy out the window or on another walk with a family member.</p>	<p>Shape Art: More collage. Cut shapes out of wrapping paper, colored paper, and glue to make a picture.</p>	<p>Letter Walk: Find all the letters in your name on signs you see.</p>